

News From The Dalai Lama Foundation —

August 2007

Project Happiness, Communicating in Many Ways

As the world becomes increasingly stressful, one issue cuts across all borders, backgrounds and religions: the quest for lasting happiness. In Project Happiness we're opening up lines of communication among youth around the world, so they can study and discuss happiness.

Three groups of high school seniors, from schools on three different continents – Mount Madonna School in the U.S., Tibetan Children's Village in India, and Heritage Academy in Nigeria – have been exploring the subject, keeping notes and journals.

They eventually had the opportunity to meet one another in India, and to have a conversation with the Dalai Lama about the essence of happiness.



The notes from this yearlong journey were originally posted at the web site of the Santa Cruz Sentinel, and have now been integrated into one unified post at the [Project Happiness blog](#). The story of their year together is also the subject of a documentary film, to be released in 2008.

We have several audio interviews related to Project Happiness, each dealing with some "behind the scenes" aspect of the journey. You can check them out at:

- [John Sorensen: "Mopping up the Pixels"](#)
- [Emmanuel Ande Ivorgba: "Study Circles"](#)
- [Dave Goulding \(cinematographer\): "Travels with Project Happiness"](#)

You can [subscribe to Project Happiness podcasts](#) using iTunes and your iPod, or play them in iTunes on your computer without having an iPod.

The journey continues as the students are using their insights to develop a student handbook on happiness, to be pilot tested over the next few months in over a dozen schools. And students all over the world will be able to create and post their own video and audio segments to the project's web site.

If you're interested in the curricular, educational or media aspects of the project, and would like to get involved, please contact [Project Happiness](#). We can use lots of reviewing help as we enter the pilot test phase of Project Happiness.



Own a Part of History – The DLF to Sell Land Rover Previously Used by the Dalai Lama

Shortly after its founding, the Foundation received, as a gift intended to support its programs, the 1966 Land Rover used as a conveyance by His Holiness the Dalai Lama for many years in Dharamsala, India.

This wonderful gift will now be sold or auctioned to raise money to support the Foundation's programs. The vehicle is fully operational, right-hand-drive, and has been fully restored to bring it to pristine condition. It is a true collector's item.



For a look under the hood at the restoration process, visit the [West Coast British](#) website.

Prior to publicly auctioning we are offering a limited opportunity for the right individual to purchase this unique piece of history. If you know a collector or other individual who might be interested in purchasing the vehicle, be sure to let them know about this opportunity. Inquiries should be directed to 650.368.4435 or rover@dlfound.org.

Combined Federal Campaign Participation

Once again in 2007 the Foundation has been accepted to participate in the Combined Federal Campaign (CFC), making it easy for over 1.3 Million Federal employees in the United States to make tax deductible donations to the Foundation through payroll deductions. For more information please visit [Human and Civil Rights Organization's](#) website.



To make a contribution directly to the Foundation, please visit the [Foundation website](#)

You can reach us by email at info@dalailamafoundation.org

The Dalai Lama Foundation is on the web at www.dalailamafoundation.org

The Dalai Lama Foundation
61 Renato Court #24
Redwood City, CA 94061
(650) 368-4435

